


Friendship Heights
Village Center



Calendar
of Events 2007

A P R I L						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	2 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	4 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Friday Morning Music Club	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 5:30 p.m.: Bones for Life 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Blood Diamond	6 9 a.m.– 12 p.m.: AARP Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group 1 p.m. to 4 p.m.: AARP Tax Assistance	7 8:15 a.m.: Walking Club
8 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 	9 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7 p.m.: Café Muse	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates	11 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: What is a Hospitalist? 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Les Amis de Mozart	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: A Good Year	13 9 a.m. – 12 p.m.: AARP Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group 1 p.m. to 4 p.m.: AARP Tax Assistance 6:30 – 8 p.m.: Community Day	14 8:15 a.m.: Walking Club
15 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	16 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Low Vision Lunch and Learn 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates	18 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Guity Adjoonani	19 8:15 a.m.: Walking Club 9 a.m.: Depart for NSO Rehearsal 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: Booksigning with Bob Deans	20 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group 2 p.m.: “This and My Heart Beside: A Visit with Emily Dickinson”	21 8:15 a.m.: Walking Club
22 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	23 9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Book Reading with Edward P. Jones	24 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	25 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 12:15 p.m.: Depart for Arboretum 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: John Touchton and Virginia Lum	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: David Saperstein: “Faith, Politics and the Great Moral Issues of our Day.”	27 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Special Lunch 1 p.m.: Cabaret Capers 1 p.m.: Bridge Group	28 8:15 a.m.: Walking Club
29 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	30 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Dana Priest: “The Other Walter Reed”					

Shuttle bus hours



Monday through Friday
Saturday and Sunday

6:40 a.m. to 9:30 p.m.
8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday
Friday
Saturday and Sunday

9 a.m. to 9 p.m.
9 a.m. to 5 p.m.
9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.



More than 400 people turned out at the Village Center to hear former ABC co-anchor Bob Woodruff and his wife, Lee, talk about their experiences following his near-fatal injury from an improvised explosive device while covering the war in Iraq. Thanks to WJLA TV, which provided monitors, we were able to accommodate an overflow crowd in a classroom and on the portico. The Woodruffs also signed copies of their book, *In An Instant: A Family’s Journey of Love and Healing*.

